

WHY USE US?

THE ANSWER IS EASY.

EASY to use
EASY on your budget
EASY on your staff
EASY to get started

- No specialized equipment needed
- Over 20 risk assessments...
 with more coming
- Comprehensive report generates automatically
- Identifies risks of comorbidities and chronic conditions/diseases
- No training or certification needed to start
- Includes health and lifestyle surveys
- Can be used as part of a wellness exam
- ✓ HIPAA-Compliant



100% RISK-FREE GUARANTEE

Our PT founders and designers want you to be completely satisfied while using **our** products, and 100% confident submitting your reports.

Our 100% money-back guarantee means that if you're not satisfied with your final report for any reason, we'll refund your money. No catch, no hidden agenda, no problem. It's easy.



webFCE.com | info@webFCE.com

we've SIMPLIFIED Health Risk Assessment



FAST

Average assessment takes only 15 minutes!

COMPREHENSIVE

Analyzes aspects of health, fitness and environment.

EASY

Performed in 3 simple steps! The result is a complete detailed report!

833.327.8323 webFCE.com | info@webFCE.com



WHAT IS AN HRA (HEALTH RISK ASSESSMENT?)

The test uses a combination of questionnaires, vital signs & anthropometric measurements (weight, height, and circumference) to evaluate an individual's health risks and overall quality of life.

WHY ARE HRAs SO VALUABLE TO THE PATIENT?

The HRA can help identify risks of comorbidities and chronic conditions or diseases such as heart disease, diabetes, cancer, and obesity. The results can prompt an individual to take steps toward an improved health status.

WHY ARE HRAs SO VALUABLE TO THE HEALTHCARE INDUSTRY?

With this quick and simple examination, an HRA can save a workplace and/or insurance carrier money. Chronic illness can be averted, thus preventing the need for more expensive treatment.

WHAT MAKES THE HRA SO BENEFICIAL?

Each anthropometric measurement when taken individually can have inherent inaccuracies, but when combined these tests become a powerful tool for an accurate assessment of an individual's current and future health status.

DO THE RESULTS SUPPORT A NEED FOR MORE EXTENSIVE TESTS?

Yes. When the HRA indicates significant findings, a medical necessity for further, more extensive diagnostic tests exists.

ARE HRAs CURRENTLY USED AND TRUSTED BY PROFESSIONALS?

Yes, they are widely utilized in a variety of health and wellness applications. Our HRA is based entirely on a unique combination of peer-reviewed research from reputable medical journals.

WHO USES HRAs?

- Brokers
- Health Plans
- Wellness Centers
- Weight Loss Centers
- Healthcare Professionals
- Health Clubs/Fitness Centers
- Workplace/Corporate Wellness
- Accountable Care Organizations
- Medical Facilities/Hospitals/Urgent Care

WHAT FACTORS DOES AN HRA ADDRESS?

Nutrition, Fitness, Weight Loss, Metabolic Capabilities, Body Composition, Biometrics, Lifestyle Habits, and Physical & Mental Health



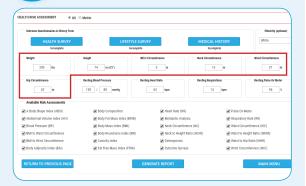
Completing an HRA is Fast, Comprehensive and as Easy as 1.2.3

Subject Completes the Questionnaire

FAN	MILY &	I have someone to talk to about things that are important to me:	Almost never	Seldom	Some of
FRI	RIENDS	I give and receive affection:	Almost never	Seldom	O Some of the
407	CTIVITY	I am vigorously active for at least 30 minutes per day (e.g. – running, cycling, sports, etc):	Less than once/week	1-2 times week	3 times w
ACI		I am moderately active (e.g. gardening, climbing stairs, walking, housework, etc.):	Less than once/week	1-2 times week	3 times w
		I eat a balanced diet	Almost never	Seldom	Some of the
NUTRITION	RITION	I often eat excess: 1) Sugar, 2) Salt, 3) Animal Fats, 4) Junk Food:	All of these foods	Three of these foods	Two of the foods
		I am within kilograms or pounds of my healthy weight:	Not within 8 kg or 20 pounds	Within 8 kg or 20 pounds	Within 6 k pounds
	OBACCO	I smoke tobacco:	More than 10 times/week	1-10 times/week	None in the months
TOBACCO TOXINS		I use drugs such as cocaine, or speed:	O Sometimes	,	•
	XINS	I overuse prescribed or over the counter drugs:	Almost daily	Fairly often	 Occasiona
		I drink caffeine containing products (drinks, supplements):	More than 10 times/day	7-10 times/day	3-6 times/
		My average alcohol intake per week is	More than 20 drinks	13-20 drinks	11-12 drin

The individual completes a questionnaire regarding their mental health, and physical Health (RAND-36 Health Survey), and their Lifestyle Habits (Fantastic Lifestyle Assessment Questionnaire)

Make Physical Measurements



Take the following physical measurements:

- Height/Weight
- Waist Circumference
- Hip Circumference (Optional)
- Neck Circumference
- Wrist Circumference





Perform the following assessments:

- Heart Rate (Pulse)
- Blood Pressure
- Pulse Oximetry
- Respirations



That's it! Generate Your Report



The detailed report provides:

- Perceived Mental Health, Physical Health and Lifestyle Habits
- Body Composition Analysis
- Metabolic & Vital Sign Analysis
- Anthropometric Calculation Assessment
- Identifies Possible Risk Factors